



Services

- Individual Counseling (16+)
- Premarital Couples
- Online Therapy

*Please inquire about fees



Specialities

- Anxiety
- Assertiveness
- Communication
- Highly Sensitive People (HSPs)
- Life Transitions
- Perfectionism
- Self-Esteem
- Sex Therapy

Education and Certifications

- MS LPC NCC
- Intensively Trained in Dialectical Behavior Therapy (DBT)
- Certified Prepare Enrich Trainer and Facilitator and SYMBIS Facilitator
- Levels 1, 2, & 3 Training with Gottman Method Couples Therapy

Sage Counseling and Wellness
Online for Georgia residents

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